

www.connectandbreathe.org

PO Box 10824
Rochester, NY 14610

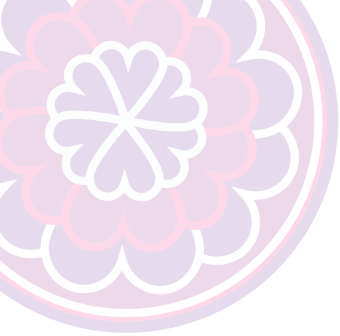


connect & breathe
an after-abortion nonjudgmental talkline

1-866-647-1764
www.connectandbreathe.org

Our Mission

Connect & Breathe creates safe space to talk about abortion experiences by offering a talkline providing unbiased support and encouragement of self-care.



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Mon: 7:00 pm - 10:00 pm ET
Tues: 6:00 pm - 9:00 pm ET
Thurs: 6:00 pm - 9:00 pm ET
Sat: 12:00 pm - 3:00 pm ET

Talkline Hours

Connect & Breathe envisions a world free of abortion stigma.

Our Vision

